

FEBRUARY 2023



MON	TUE	WED	THU	FRI	SAT	SUN
		01. I am super	02. I am brilliant	03. I am magnificent	04. I am joyful	05. I am calm
06. I am magical	07. I am talented	08. I am clever	09. I am kind	10. I am incredible	11. I am fun	12. I am peaceful
13. I am caring	14. I am loved	15. I am wonderful	16. I am fantastic	17. I am strong	18. I am happy	19. I am special
20. I am amazing	21. I am outstanding	22. I am adventurous	23. I am fabulous	24. I am inspiring	25. I am great	26. I am unique
27. I am courageous	28. I am loving					

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Feel confident
Focus and concentrate
Be imaginative
Develop creativity
Sleep better

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